New Jersey Behavioral Health Planning Council Meeting Minutes,

May 9, 2018 10:00 A.M.

Attendees:

Phil Lubitz (Chair, Pro-temp)Darlema BeyWinifred ChainJoe Gutstein (P)Christopher LuccaMichael Ippolitti (P)

Connie GreeneEllen TanerMarie VernaDamian PetinoJonathan SabinHarry CoeRobin Weiss (P)Nick Loizzi (P)Pam Taylor

Ksenia Lebedeva

DMHAS, CSOC & DDD Staff:

Mark Kruszczynski Suzanne Borys Geri Dietrich Peter Manusci

Guests:

Julia BarugelRachel MorganAlex SmuklavskyPeter ManusciLauren OlsenRachel ManzaValerie PadgettMichael LittererEric McIntireAngela CicchinoJennifer LuysterLuanne Lukens

Erica Westman

I. Welcome / Administrative Issues / Correspondence / Announcements

- A. Quorum reached (15 out of 45 members participated, 33% attendance, <33% needed for quorum)
- B. The June 13th meeting of the Planning Council will meet at DMHAS Office, 5 Commerce Way, Hamilton NJ 08611, Suite 100, at 10:00 am. Going forward, all subsequent meetings will be held at this location unless otherwise indicated.
- C. Minutes from May 9th meeting approved, with minor edits

II. Healthy People 2020 Plan (Yannai Kranzler, DoH) [See the Summary document sent to Council on 6/1/18]

- A. Goals of the Healthy NJ's State Health Improvement Plan (SHIP): the SHIP combines data, professional expertise and community feedback to identify health objectives, solutions and key partnerships.
- B. Importance of Focus Groups
- C. Comments from members of Planning Council
 - 1. Telemedicine
 - 2. How many objectives per MH priority?
 - 3. Q: When will interim report be released? A: Target is for discussion to end in 2018.
 - 4. Pediatricians not being more aware of the Children's System of Care
 - 5. Lack of trauma informed approach.
 - 6. Concern that Medicaid might not be able to cover additional interventions that don't involve medications.
 - 7. Concerns about measuring outcomes.

⁽P) Indicates participation via conference call.

III. Children's Interagency Coordinating Council (CIACC) (Peter Manusci, DCF, CSOC)

- A. See PowerPoint Presentation distributed to Planning Council on 5/7/18].
- B. Need for more public participation in the CIACCs.
 - 1. Request for more participation from Mental Health providers, education system, local schools, Juvenile Justice Commission
 - 2. 25% of CIACC membership should represent youth and families.
 - 3. Comment: Challenge of engaging youth and families in CIACC proceedings.
 - 4. Substance Abuse Navigation Program (SAN): function is to make SUD treatment as user friendly as accessing the primary health system.
 - a. Challenge of getting work out on SAN beyond social workers.
 - 5. Comment: Youth should be represented at CIACC proceedings.
- C. Purpose of CIACC is to let families and the community know how to access services.
- D. Challenge of getting youth engaged with SUD treatment.
- E. Prior authorizations and PerformCare www.performcarenj.org
- F. CSOC is working on producing a video to better provide information to families. Note: The Burlington County CMO produced a similar video in around 2005.
- G. Comment: lack of providers for consumers with Development Disabilities.
- H. CIACC Navigator Coordinator is Kelly Pfeiffer; navigators help with system barriers
- I. Comment: Challenge of working in silos, lack of coordination of MH and SUD services.

IV. Opioid Overdose Recovery Program (OORP) (Connie Greene and Staff from RWJ/Barnabas Health) [See PowerPoint of Presentation emailed to Planning Council on 5/7/18]

- A. Goal of Presentation
 - 1. History of OORP
 - 2. Expansion of OORP
 - 3. 2014: Two Counties (Monmouth and Ocean) gave Narcan overdose recovery kits to police/first responders
 - a. RWJ/Barnabas began looking at Narcan reversals
 - b. Hospitals didn't treat Narcan reversal patients in a sensitive manner.
 - 4. RFP in 2014 for Narcan Reversals.
 - 5. Four years of recovery intensive training
 - 6. Expansion of utilization of program: Since 2016 over 2000 consumers; most recently over 300+ reversals in two weeks.
- B. Recent name change: Peer Recovery Program, serves not just Narcan-reversed consumers, and not just opioids.
- C. Engaging with SUD Consumers: Discussion by Eric McIntire
 - 1. Job of Recovery Specialists is to engage consumers
 - 2. Recovery Specialists are located in each community and live within one hour of all participating hospitals.
- D. Coaching the Individual: Discussion by Angela Cicchino: The objective of the coaching is for the individual to receive long-term support.
- E. Navigators: Discussion by Jennifer Luyster: Navigators procure resources from Recovery Specialists.
 - 1. Navigators do assessments to view the larger picture.
 - 2. Navigators start the aftercare planning.
 - 3. Navigators work closely with Interim Management Entity for SUD services.
- F. "Treatment is easy, recovery is difficult:. Brining in peers to assist in the recovery process is the difference.

- G. Question and Answer & Concerns
 - 1. Q: If this is Medicaid eligible, will chapter 51 funding still be available? A: Medicaid will be for peer recovery.
 - 2. Q: Is OORP expansion in every county? A: Yes OORP is in all 21 counties, in 51 emergency rooms across the state.
 - 3. Q: How many consumers of OORP have Medicaid and/or no insurance: A: 85% +/-
 - 4. Q: Role of IME? A: The IME provides authorization for treatment.
 - 5. Q: Fentanyl use? A: Increasing because it is cheap and widely available.
 - 6. Lack of health insurance literacy.
 - 7. Lack of empathy for people whose conditions make them appear "disruptive and manipulative".
 - 8. Concern of possible lack of continuity /linkage to other behavioral health and primary health services.
 - 9. Concern of possibility that providers cannot bill for the same consumer treated by a different entity unless they change medications.

V. Subcommittee Reports

- A. Advocacy / Data / Housing
 - 1. Next meeting 6/13/18, 12:00

VI. Meeting Adjourned & Announcements

- A. Next Meeting of the Planning Council: Wednesday, June 13, 10:00 am, DMHAS <u>Office</u>, <u>5 Commerce Way, Hamilton NJ 08611, Suite 100</u>
- B. Planned Subcommittee Meetings (6/13/18):

9:00: TBA

12:00: Advocacy / Data / Housing

- C. 5/16/18, 7:00 pm, Radio "Town Hall" event on 101.5 FM,
- D. Members of the Planning Council reported their discussion with NJ Legislators about the state budget.
- E. Happy Mother's Day